



EQUINE FACILITATED LEARNING

WEEKEND WORKSHOP

This weekend workshop is intended to provide an overview of Equine Facilitated Learning and the ways in which it can be applied.

The course will include:

- **What is EFL and who can benefit from using the technique?**
- **Fundamentals of EFL – The role of the horse, the facilitator and the client**
 - **Becoming an effective EFL Coach**
 - **Self-development through the process**

The course would be suitable for anyone considering becoming an EFL coach, or wanting to develop their coaching technique. Anyone seeking to improve their own inter-personal skills, or wanting to communicate more effectively with their horse.

Those who are interested in learning more about coaching,
in an alternative therapeutic environment.

Those who may be considering using EFL to assist in dealing with a
specific issue they may want to resolve.

The Course will take place on 13th and 14th November 2010
at The Acorn Centre, Walgrave, Northants and places will be limited.

Day 1 will start at 9:30am until 4:30pm and **Day 2** 9:30am until 4:00pm.

The total cost of the Weekend is £350 per person to include lunch on both days and
dinner on the Saturday evening.

To book, or for further details please call 01234 881871
or email enquiries@theseedsofchange.co.uk

Programmes available in Northamptonshire | Bedford | Milton Keynes

www.theseedsofchange.co.uk



01234 881871