



Active Development Club

T-SOC CLUB

The T-SOC Club is an ACTIVE DEVELOPMENT CLUB that will operate from The Corn Centre on a Thursday evening from 4.00 to 5.30.

The Club is suitable for young people aged between 8 and 16 who would like to spend time around horses and enjoy being active and outdoors.

Young people who attend, will be able to participate in a range of activities:

Equine Activities

Exercises with the horses on the ground

E-motion Riding

Cookery

Photography

Bush-craft

☛ a range of other group activities.

The purpose of the club is to develop confidence, help improve team working and to become physically active - all whilst having fun!

Groups will be small and may be divided according to age, ability and area of interests.

Club Nights start from Thursday 4th November - for details of cost and to book a place, please call 01234 881871 or email enquiries@theseedsofchange.co.uk

Programmes available in Northamptonshire | Bedford | Milton Keynes

www.theseedsofchange.co.uk



01234 881871